### **EXPLORING FREE-RIDING BEHAVIOR:**

#### AN INSTRUMENTED BIKE STUDY ON THE INFLUENCE OF

#### **INFRASTRUCTURE DESIGN ON BICYCLING**

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# Purpose of PhD project

To further develop mathematical models for simulating bicycle traffic.

- Bicycle traffic have distinctive properties and dynamics.
- Focus on bicycle path segments.

To enable accurate microscopic traffic simulation analysis of bicycle traffic.



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# Why Microscopic Traffic Simulation?

- High heterogeneity among characteristics of bicyclists.
  - MTS models individual entities, and their interactions in the traffic system.

A reliable tool for evaluating bicycle traffic performance (e.g., delays, platoon formations, queue length, etc.):

- Effects of infrastructure design on bicycle traffic... and redesign.
- Effects of changes in the traffic composition: more e-bikes, cargo-bikes, other forms of micromobility, etc.









# A bicycle traffic model

Interactions with the infrastructure and/or the environment.

• E.g., gradient, curves, wind.

Free riding

Interactions between bicyclists

 E.g., following process, passing maneuvers.

Interactions with other road users

• E.g., scooters, pedestrians.

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How do bicyclists

"choose" speed?

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# Purpose

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- 1. To characterize how elements of the infrastructure impact free riding.
- Infrastructure/environment: e.g., gradient, horizontal alignment, wind.
- Behavior: speed, acceleration, power output.

2. To develop/calibrate a model for simulating interactions with the infrastructure [future work].









# An instrumented-bike study

Allows for collecting long and detailed trajectories. A semi-controlled experiment:

- No restrictions on behavior along a bicycle path.
  - "Bike as usual when commuting"
  - Participants use own bicycle.
  - Collect speed, acceleration, power output, heart rate, etc.
- Control for the route.









# **Experiment design**



Follow the route



To ride as when commuting.

Survey

Problems, insights, and perceived exertion.





## Two samples

Linköping: 36 participants

- 5-km long off-street bicycle path.
- Light-moderate hills (up to +/- 5%).



Wuppertal: **30** participants

- 3.2-km long on-street (no bicycle lane).
- Moderate-steep hills (up to +/-10%).







### Two samples

Linköping: 36 participants

People who commute regularly by bicycle.

Wuppertal: **30** participants

• People with moderate-high physical fitness.



# **Unconstrained speed**

Linköping: 36 participants

• (7) Flat and straight segments.









# Speed/power output adaptation







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# Gradient effects

Linköping



Single participant:







# Wind effects

Linköping







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# Insights

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- Speed choice of bicyclists is highly context-dependent.
  - Alignment (vertical/horizontal), and wind.
  - Temporal and spatial correlation.
  - A manifestation of preferred effort.
    - Possibility to model through power output.







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